



Idaho Falls Pediatrics

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Car and Booster Seat Safety

DO'S

- Read and Understand use and installation instructions.
- Practice buckling car seat in car before infant/toddler's first ride.
- Have infant ride rear facing until 1 year AND 22-23 pounds.
- Toddlers need to ride in a Booster seat until age 7 and 41 pounds.
- Adjust harness, leaving no more than one finger width between harness and shoulder, placing clip at arm pit level.
- Buckle harness around infant **FIRST**, then put protection from weather over infant.
- Check harness and seatbealt **EVERY TIME**, adjust as needed.

DON'TS

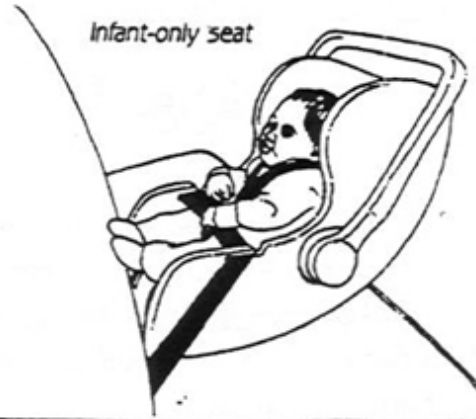
- **DO NOT** buy or borrow a used car seat from a second hand store or friend, you do not know its history! Do not use a car seat that is 5-7 years or older. (Some car seats and booster seats have expiration dates, check the label.)
- **DO NOT** let an infant sleep in the car seat when not in the car.
- **DO NOT** keep handle of infant seat up in car, put in **DOWN** position.
- **DO NOT** place a child of 12 years or younger in the front of a car with a passenger air bag.
- **DO NOT** leave infant or children in car unattended, even for a minute! A good reminder is to put your purse or errands by the car seat.

TIPS

- Read vehicle owners manual - section on car seats.
- **TO CHECK FOR A TIGHT FIT** - of car seat or high back booster, in car - Pull the seat forward and push it from side to side. **IF** the seatbelt loosens or the base of the safety seat slides forward or sideways **MORE** than **ONE** inch - your child may not be well protected.
- If you cannot attach your car seat, booster seat tightly - have it inspected by a trained professional or call the Auto Safety Hotline @ 1-800-424-9393.
- **EASTERN IDAHO REGIONAL MEDICAL CENTER** has trained technicians happy to check your car saet before discharge, check with your nurse for availability.



In this car bed a newborn baby can ride lying flat. This product converts to a rear-facing seat.



This kind of seat fits babies under 20 pounds and always faces the rear.

Convertible seat turned to face forward.



A new baby needs support. Put rolled up towels on each side, not under the infant.



Infants less than 1 year, over 20 lbs. ride in a seat approved for heavier infants rear facing.



After 1 year and at least 20 lbs.



To make your child's safety seat secure, push down on it while you tighten the belt.



LATCH

