

# Idaho Falls Pediatrics

## Autism: Resource List

### Books for Children:

#### Ages 4 to 8

- *Andy and His Yellow Frisbee*; by Mary Thompson; Woodbine House, 1996
- *Asperger's huh? A Child's Perspective*; by Rosina Schnurr; Anisor, 1999
- *Autism*; Sudipta Bardhan-Quallen; KidHaven Press, 2005
- *Ian's Walk: A Story About Autism*; by Laurie Lears; illustrated by Karen Ritz; Albert Whitman, 1998
- *When My Autism Gets Too Big: A Relaxation Book for Children With Autism Spectrum Disorders*; by Kari Dunn Baron; Autism Asperger Publ Co, 2004

#### Ages 9 to 12

- *Autism*; Elaine Landau; Franklin Watts, 2001
- *Autism*; by Carol Baldwin; Heinemann Library, 2002
- *Autism*; Sarah Lennard-Brown; Raintree, 2004
- *Different Like Me: My Book Of Autism Heroes*; Jennifer Elder; illustrations by Marc Thomas and Jennifer Elder; Jessica Kingsley, 2005
- *Mori's Story: A Book About a Boy With Autism*; by Zachary M. Gartenberg; Lerner Publications Co., 1998 (for siblings)
- *To Be Me*; by Rebecca Elinger; WPS Creative Therapy Store, 2005

#### Teen

- *Coping With Asperger Syndrome*; Maxine Rosaler; The Rosen Pub. Group, 2004
- *Everything You Need to Know When a Brother or Sister Is Autistic*; Marsha S. Rosenberg; Rosen Pub. Group, 1999
- *Your Life is Not a Label: A Guide to Living Fully with Autism and Asperger's Syndrome*; by Jerry Newport; Future Horizons, 2001

## Books for Adults:

- *Activity Schedules for Children with Autism: Teaching Independent Behavior*; by Lynn McClannahan; Woodbine House, 2003
- *The Asperger Parent: How to Raise a Child with Asperger Syndrome and Maintain Your Sense of Humor*; by Jeffrey Cohen; Autism Asperger Publ. Co, 2002
- *Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World*; by Teresa Bolick; Fair Winds Press, 2001
- *Asperger Syndrome and Young Children: Building Skills for the Real World; For People Who Know and Care for 3-to-7- Year-Olds*; by Teresa Bolick; Fair Winds Press, 2004
- *Autism Spectrum Disorders: the Complete Guide to Understanding Autism, Asperger's Syndrome, Pervasive Developmental Disorder, and Other ASDs*; by Chantal Sicile-Kira and Temple Grandin; Perigee Books, 2004
- *The Autistic Spectrum: a Parents' Guide to Understanding and Helping Your Child*; by Lorna Wing; Ulysses Press, 2001
- *The Autistic Spectrum Parents' Daily Helper: A Workbook for You and Your Child*; by Philip Abrams; Ulysses Press, 2004
- *Children With Autism: A Parent's Guide*; by Michael D. Powers; Woodbine House, 2000
- *Challenging Behaviour and Autism: Making Sense - Making Progress*; by Philip Whitaker; Autism Asperger Publ, 2002
- *Could It Be Autism? A Parent's Guide to the First Signs and Next Steps*; by Nancy Wiseman; Broadway Books, 2006
- *Demystifying Autistic Spectrum Disorders: A Guide to Diagnosis for Parents and Professionals*; by Carolyn Bruey; Woodbine House, 2004
- *Exceptional Parent Magazine*, call 1-877-372-7368
- *Helping Children with Autism Learn: A Guide to Treatment Approaches for Parents and Professionals*; by Bryna Siegel; Oxford University Press, 2003
- *How to Live with Autism and Asperger Syndrome: Practical Strategies for Parents and Professionals*; by Chris Williams; Jessica Kingsley Publ., 2004
- *Parenting Your Asperger Child: Individualized Solutions for Teaching Your Child Practical Skills*; by Alan Sohn; Perigee Trade, 2005
- *Reaching Out, Joining In: Teaching Social Skills to Young Children with Autism*; by Mary Jane Weiss; Woodbine House, 2001

- *Toilet Training for Individuals With Autism & Related Disorders: A Comprehensive Guide for Parents & Teachers*; by Maria Wheeler; Future Horizons, 1998

### **Other Resources:**

Autism Society of America  
7910 Woodmont Ave. Ste. 650  
Bethesda, MD  
800-328-8476  
<http://www.autism-society.org>

National Autism Hotline/Autism Services Center  
605 Ninth St., Prichland Bldg.  
Huntington, WV 25710  
304-525-8014

\*NOTE: This information is provided as a public educational service. The information does not replace any of the instructions your physician gives you. If you have a medical emergency please call the Hospital at (208) 529-6111. If you have questions about your child's care, please call Idaho Falls Pediatrics at (208) 522-4600.